Volunteer to Help your Community Following a Disaster

Following a disaster we are very fortunate to have thousands of generous people who want to volunteer to assist the disaster area. What people don’t realize is that spontaneous, untrained volunteers with no agency affiliation can cause more problems than they alleviate.

How can you help?

If you are serious about making a volunteer commitment, there are many local, credible organizations that can provide you with the desired training to make you a valuable volunteer.

Local Volunteer Opportunities Include the Following:

- **The United Way of Indian River County** can provide information on how to receive training for disaster relief and crisis response. For information, please contact Eve Balance at (772) 567-8900.

- **SAFER Indian River County** is a non-profit organization open to any individual, faith-based or service organization in Indian River County with members who want to serve our community before as well as after a disaster. All are welcome to meetings held at 8:30 a.m. on the first Wednesday of each month at the United Way of Indian River County located at 1836 14th Avenue in Vero Beach. For information, please contact Lisa Poziomek at (772) 643-2235.

- **American Red Cross** hosts a great deal of training related to responding to emergencies. For information, please contact the local Chapter at (772) 562-2549.

- **Salvation Army** is a ministry and faith-based social services organization that helps meet emergency needs in times of regional and national disasters. For information, please contact the Salvation Army at (772) 978-0265.

- **Medical Reserve Corps (MRC)** is an organized, community-based volunteer unit comprised of local health care professionals. The MRC recruits and credentials medical volunteers before a crisis. For information, please contact MRC Coordinator Joan Rivera at (772) 873-4900.

- **Community Emergency Response Teams (CERT)** is an organized effort to train teams so they can act as an extension of first responder services offering immediate help to victims until professional services arrive. For information, please contact Lisa Poziomek at (772) 643-2235.

- **Become a HAM Radio Operator** and provide assistance with disaster communications. The Vero Beach Amateur Radio Club meets the second Thursday of each month at the Indian River Co. Emergency Operations Center, 4225 43rd Avenue, Vero Beach at 7:30 p.m. For information, please contact Bud Holman at (772) 567-0125.

- **The Humane Society** provides disaster relief to meet the needs of residents with companion animals before and after natural catastrophes. For information, please call (772) 388-3331, Ext. 112.